

# Day 1

Students bring own Morning tea and Lunch on Day 1 - All other activities include morning/afternoon tea

10.30am	The Walk In The Adventure Begins!!		
	Meet at 75 Canopus Circuit, Merrimu, in the Long Forest Nature Conservation Reserve. There is a toilet stop at the Merrimu Reservoir (Diggers Rest Coimadai Road) which is 5 minutes away, and is a handy place to stop before arriving at the start of the walk. The bus will drop students and staff off with your guide from Sunnystones, to walk into camy via the Coimadai Track. The bus will ferry the luggage around to camp. Students need to bring a small day pack with them with their morning tea, lunch, a water bottle, a hat and walking clothes/shoes.		
12.30pm	Lunch		
	All Students		
1.30pm	Bush Hut Building Students work together in teams to build a bush shelter. Students learn about bush survival skills and enjoy a morning or afternoon tea of damper and billy tea around a fire. This activity is universal and can be used for all ages, you'll be surprised with how creative your students can be!		
4.30pm	Room allocation and bed set up followed by free time and showers before dinner.		
6pm	Dinner		
7pm	Optional Campfire / Nightwalk/Other activity  Teachers to run after instruction from Camp Sunnystones staff.		



# Example 3 Day Program

**50 - 70 students** 

# Day 2

Activities include morning/afternoon tea

8am	Breakfast After breakfast, students need to go to the toilet, fill drink bottles, have sunscreen, hat, jacket, raincoat etc. and be ready for activities to start at 9.30am.		
	Half A	Half B	
9.30am	3 of these Rotation Activities: Archery Low Ropes Course Canoeing Raft Building Bush Cooking Bush Art Rock Climbing & Dreamweaver	Geocaching Camp Sunnystones has its own specially designed geocaching course, whereby students work together in teams to find a number of waypoints in the fastest time possible. Each team is equipped with a GPS device and a map to assist in their journey of discovery!	
12.30pm	Lunch		
	Half A	Half B	
1.30pm		3 of these Rotation Activities (same as	
•	Geocaching Camp Sunnystones has its own specially designed geocaching course, whereby students work together in teams to find a number of waypoints in the fastest time possible. Each team is equipped with a GPS device and a map to assist in their journey of discovery!	morning): Archery Low Ropes Course Canoeing Raft Building Bush Cooking Bush Art Rock Climbing & Dreamweaver	
4.30pm	Camp Sunnystones has its own specially designed geocaching course, whereby students work together in teams to find a number of waypoints in the fastest time possible. Each team is equipped with a GPS device and a map to assist in their	morning): Archery Low Ropes Course Canoeing Raft Building Bush Cooking Bush Art	
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# Example 3 Day Program

**50 - 70 students** 

# Day 3

Activities include morning/afternoon tea

8am	Breakfast  Please ensure rooms are emptied prior to commencing morning activities at 9.30am.  Bags can be stacked neatly against the wall at the end of the verandah, leaving a clear walkway. Please leave all white camp linen on beds.  After breakfast, students need to go to the toilet, fill drink bottles, have sunscreen, hat, jacket, raincoat etc. and be ready for activities to start at 9.30am.
	All Students
9.30am	Instincts for Survival Game This game is a hugely popular game that is suitable for all ages. The game is set in a 5 acre square of privately owned bushland on the edge of the campgrounds. The game is designed to help the participants understand life in the bush from an animal's point of view. Participants work together to chase, hunt and hide from other teams in an attempt to win the game.
12.30pm	BBQ Lunch
1.30pm	Depart Camp Sunnystones for school

## Half Day Activities: 3 hours

#### The Walk In

Meet at 75 Canopus Circuit, Merrimu, in the Long Forest Nature Conservation Reserve. There is a toilet stop at the Merrimu Reservoir (Diggers Rest Coimadai Road) which is 5 minutes away, and is a handy place to stop before arriving at the start of the walk. The bus will drop students and staff off with your guide from Sunnystones, to walk into camp via the Coimadai Track. The bus will ferry the luggage around to camp. Students need to bring a small day pack with them with their morning tea, lunch, a water bottle, a hat and walking clothes/shoes.

Recommended group size: Any

#### **Instincts for Survival Game**

This game is a hugely popular game that is suitable for all ages. The game is set in a 5 acre square of privately owned bushland on the edge of the campgrounds. The game is designed to help the participants understand life in the bush from an animal's point of view. Participants work together to chase, hunt and hide from other teams in an attempt to win the game.

Recommended group size: Up to 60

#### **Bush Hut Building**

Students work together in teams to build a bush shelter. Students learn about bush survival skills and enjoy a morning or afternoon tea of damper and billy tea around a fire. This activity is universal and can be used for all ages, you'll be surprised with how creative your students can be!

Recommended group size: Up to 60

### Geocaching

Geocaching is a high-tech treasure hunting game played throughout the world by adventure seekers equipped with GPS devices. The basic idea is to locate our hidden containers, called geocaches. Camp Sunnystones has its own specifically designed geocaching course, whereby students work together in teams to find a number of waypoints in the fastest time possible. Each team is equipped with a GPS device and a map to assist in their journey of discovery!

Recommended group size: Up to 60

#### Campfire

Staff and students are welcome to enjoy a campfire only 50 metres away from the homestead. Enjoy telling stories or playing camp games with the sights, smells and sounds of a crackling wood fire. \*Run by school staff.

Recommended group size: Any

### **Night Walk**

A great feature of being at camp is the ability to take the students outside and enjoy the stars, as well as hopefully see some animals including the tawny frogmouth!

\*Run by school staff.

Recommended group size: Any

## Smaller Rotation Activities: 60 – 90 minutes

#### Archery

Archery involves small groups of students learning the finer skills of this addictive sport. Camp Sunnystones uses high quality re-curve bows which develops a high level of accuracy and ease of use. Students for grade 3 right through to adults find this activity very enjoyable.

Recommended group size: 12 - 16

#### Canoeing

Canoeing is undertaken on our 4 megalitre dam. Basic canoeing skills are taught in a practical manner, leading into games, teamwork, and a whole lot of fun for the session!

Recommended group size: 12 - 14

#### **Low Ropes Course**

The ropes course consists of 9 linked individual elements. A group of 15-20 can get around in about 1 hour. This course is suitable for grade 2 and above. This activity is aimed at team building aspects.

Recommended group size: 12 - 18

#### **Raft Building**

The ultimate in fun and teamwork. The rafts are built by the students under the supervision and guidance of Sunnystones staff. The amount of guidance depends on the group, ranging from a large amount of assistance through to no assistance at all!

Recommended group size: 12 - 18

#### **Bush Cooking**

Students can enjoy making all sorts of great food over the campfire, including damper, chocolate cake in oranges or choc chip bananas in foil on the open fire to name a few!

Recommended group size: 12 - 18

## **Bouldering wall + Dreamweaver**

Our custom made bouldering wall is a fantastic entry point into rock climbing or just fun and enjoyment in its own right. Our wall progresses in its levels of difficulty, enabling students of all abilities to achieve success and challenge themselves. Partnering the rock wall is the famous "Dreamweaver" ropes course – follow your rope around the interwoven maze!

Recommended group size: 12 - 18

Please note: The camp program that you receive has been tailored to fit your group size and camp duration, to get the most out of your time with us.

For any enquiries regarding your program, please email <a href="mailto:david@sunnystones.com.au">david@sunnystones.com.au</a>